



(AN ISO 21001:2018 CERTIFIED EDUCATIONAL INSTITUTION)

SACRED HEART SCHOOL

AFFILIATED TO THE COUNCIL FOR INDIAN SCHOOL CERTIFICATE EXAMINATIONS, NEW DELHI

ELIXIR



HAPPY REPUBLIC DAY



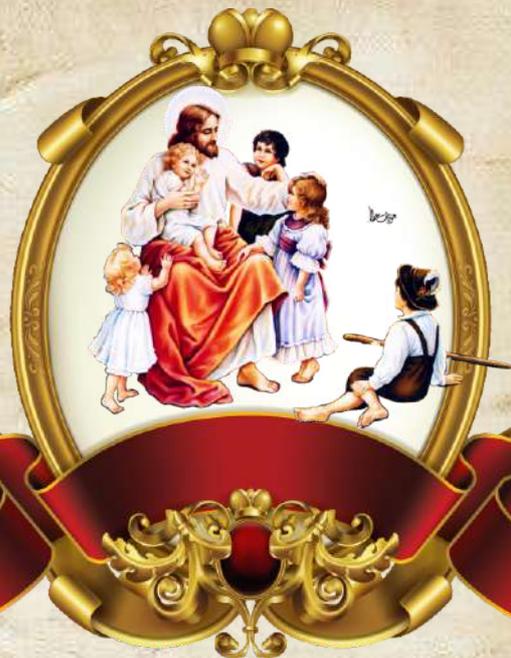
The flow of magical writings...

My child, follow your father's instruction, and never forsake your mother's teaching. They are ornaments like a graceful flower garland on your head and a pendant around your neck.

Proverbs 1: 8-9

LORD'S PRAYER

Our Father in Heaven | Holy be your name |
Your Kingdom come | Your will be done |
On Earth As in Heaven||
Give us today | Our daily bread, |
Forgive us our sins | As we forgive |
Those who sin against us. ||
Do not bring us to the test
But deliver us from evil. ||
For Thine is the Kingdom |
The Power and the Glory |
Forever and Ever || AMEN ||



EDITORIAL BOARD



Editor-in-Chief

Mrs. Vijaya Jebakumar
(Principal)

Managing Editors



Mr. Joji Joseph
HM (Junior Wing)



Mrs. Shanti Rajan
HM (Primary Wing)



Mr. Harsha Kumar
(Dept. of English)

In-House Editor

Student Editors



Sukhmanpreet Kaur Gill
XII MED

Assistant Editors



Mrs. Rachna Kapoor
PGT English



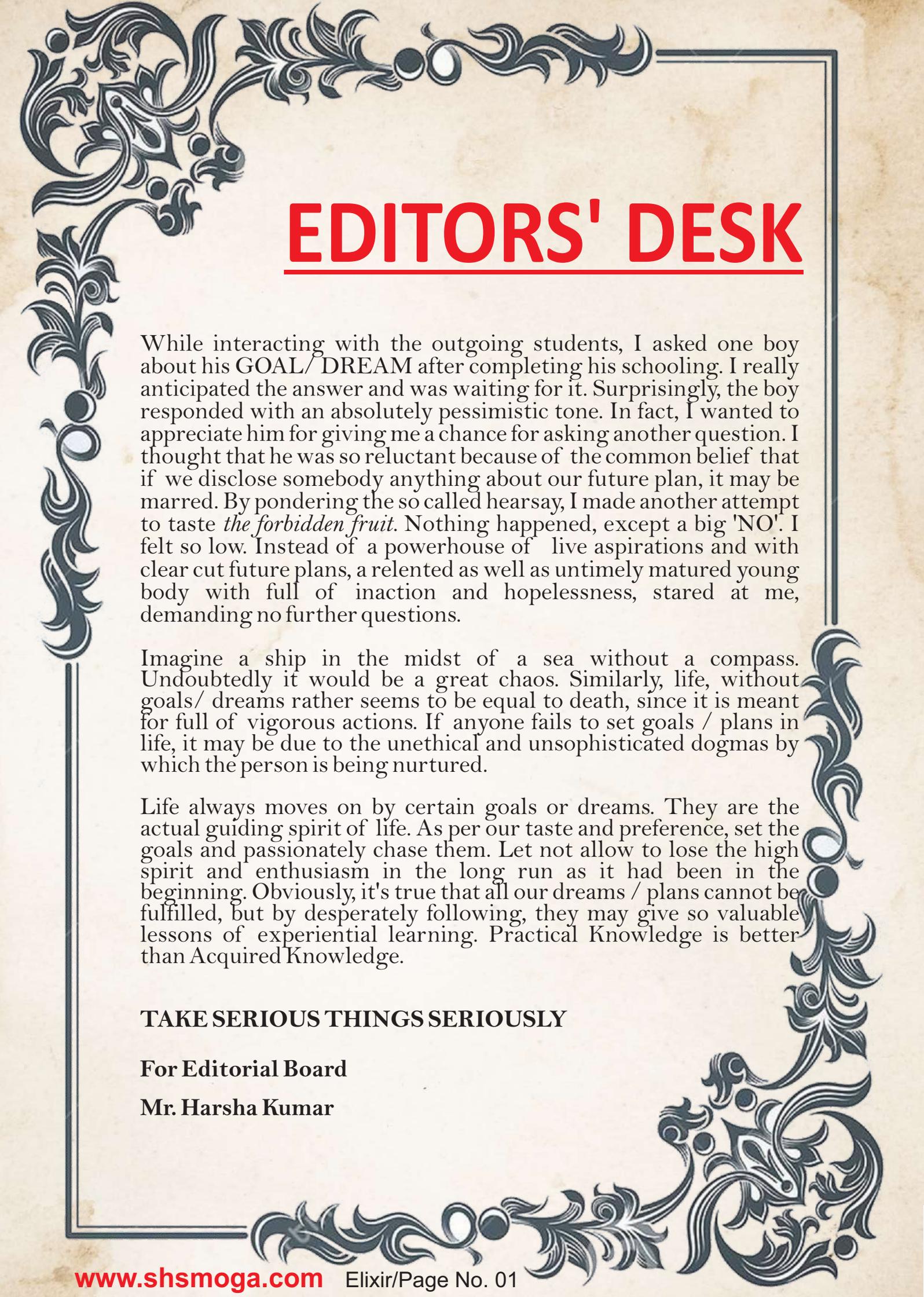
Mrs. Mamta Mutta
PRT English



Leepakshi Chopra
XII NMED



Khushdeep Kaur
XII COMMERCE

A decorative border with intricate floral and scrollwork patterns in a dark blue-grey color, framing the page on the left, top, and bottom. The border is composed of repeating motifs of leaves, flowers, and swirling lines.

EDITORS' DESK

While interacting with the outgoing students, I asked one boy about his GOAL/ DREAM after completing his schooling. I really anticipated the answer and was waiting for it. Surprisingly, the boy responded with an absolutely pessimistic tone. In fact, I wanted to appreciate him for giving me a chance for asking another question. I thought that he was so reluctant because of the common belief that if we disclose somebody anything about our future plan, it may be marred. By pondering the so called hearsay, I made another attempt to taste *the forbidden fruit*. Nothing happened, except a big 'NO'. I felt so low. Instead of a powerhouse of live aspirations and with clear cut future plans, a relented as well as untimely matured young body with full of inaction and hopelessness, stared at me, demanding no further questions.

Imagine a ship in the midst of a sea without a compass. Undoubtedly it would be a great chaos. Similarly, life, without goals/ dreams rather seems to be equal to death, since it is meant for full of vigorous actions. If anyone fails to set goals / plans in life, it may be due to the unethical and unsophisticated dogmas by which the person is being nurtured.

Life always moves on by certain goals or dreams. They are the actual guiding spirit of life. As per our taste and preference, set the goals and passionately chase them. Let not allow to lose the high spirit and enthusiasm in the long run as it had been in the beginning. Obviously, it's true that all our dreams / plans cannot be fulfilled, but by desperately following, they may give so valuable lessons of experiential learning. Practical Knowledge is better than Acquired Knowledge.

TAKE SERIOUS THINGS SERIOUSLY

For Editorial Board

Mr. Harsha Kumar

If I would have a Daughter

Once pondering alone over and over
My heart wished to have you forever
As a source of inspiration
And a cause of jubilation
I thought and thought, prayed almighty
To bless me with a daughter
She would be like you
May god make her with same clay
Adorn her with same politeness of tongue
I want to see the same smile in her eyes
Her intellect will be rich with same high thoughts
The same mole will be add to the beauty of her face
She will follow your steps to go ahead
Her heart will be as beautiful as yours
A character bestowed with a like virtues
Ans a insight to look into matters
A treasure of knowledge and values
Patience and goodness of character will make her as great as you
She will learn your devotion towards duty
I wish she gets the same gifted pen to write
The same way she will teach me, inspire me
May she comes on earth the same day
I invoke the stars to meet same way
May god make my womb so great!

Ms.Rachna Kapoor (Dept. of Eng.)



RAIN

Today there are only two people me and rain;
I have nothing to lose and
Clouds have nothing to gain.

Sitting in this glorious weather
With absolutely no noise
I swear at that time
There could not be a bitter choice.

Wind twirling my hair
Rain touching my cheeks,
Doesn't this scenario remind you of
The time spent in peaks ?

Rain is the witness
Clouds are the score
I hope that everyone makes memories in rain;
A little more, A little more.

Dear rain, keep pouring for some more time, on
this happy day of yours, make your little time:
A little gift of mine.

Today there are only two people, me and rain;
I have nothing to lose and clouds have nothing to
gain.

**Bhumika Arora
10th E (Batch 6)**



“SAVE TREES, SAVE EARTH”

We all know that 'trees' are Important part of our life. Trees help us in many ways in our daily life, such as they give oxygen, fruits, medicines, vegetables, paper and many other things. Trees are of many types, shape and sizes. Some trees are small called herbs and shrubs, some trees are big and broad like Banyan, Mango etc., some are tall like coconut tree etc. and many other. Trees are the natural gift but humans misuse them. Humans cut the trees in large number. Usually, known as deforestation. This causes Global Warming. Trees are much important as they provide us water, oxygen, food and numerous thing. With the shortage of trees, the temperature of the earth is increasing which leads causes the glaciers to melt. To prevent Global warming, we should plant more and more trees but not only planting is enough we should also take proper care of them.

Trees make the environment beautiful and pleasant. In summer, when we sit under trees, we feel relaxed. Their shade is very cool. Trees don't have any disadvantage and have only advantages. This is best thing about trees. We should love trees.

Save trees, Save Earth....

What can I Say to Myself?

Instead of

- I'm not good at this.
- I'm awesome at this.
- I give up.
- This is too hard.
- I can't make this any better.
- I just can't do maths.
- I made a mistake.
- It's good enough.

Try Thinking

- What am I Missing?
- I'm on the right track
- I'll use some of the strategies we've learned.
- This may take some time and effort.
- I can always improve and I'll keep trying.
- I'm going to train my brain in maths.
- Mistakes help me to learn better.
- Is it really my best work?

Milan Arora
6th F

Story of a Girl



Like a pearl, is a girl
She shines like light, with a face bright
Why everyone wants a son?
When girls have all the races won.
She adjusts every time
But son is always regarded prime
She doesn't show how much she cried
At the age of eighteen we make her bride.
We never care about her wish
And always make son's favorite dish.
She wants to study more,
But looks at her parent's condition before
If she is not her parent's will
She will be soon killed.
She will always be confined at home,
While the son will everywhere roam.
Everyone wants a mother, wife and sister,
Then why not a daughter with a colorful glister?
Give them proper aid,
And GIRLS SHOULD BE SAVED!
GIRLS SHOULD BE SAVED!

Nandita (9 E)

Tickle Your Brain

- i. It has mouth but never eats, has a bed but never sleeps, always running over but never walks. What is it?
- ii. What has more letters than alphabets?
- iii. My head and point are made from same. I am held by what's taken apart from grain. I am a top of the great ocean beast. My swing let me fire and load release. What am I?
- iv. What's the least number of chairs you would need around a table to sit four fathers, two grandfathers and four sons?

Jasica Aggarwal (9th G)

Answers: i) River ii) The post office iii) Hammer iv) Four, the four fathers could be grandfathers and are definitely sons already.

THE DEPTH OF REALITY

Hurt and pain
When come into your lane
Block your sensible brain
Beginning the nuisance train
Of negative thoughts
Which is the seed that plots
Anger and frustration in lots
Boiling these wits in pots.



**Parneet Kaur
IX-A**

A calm mind
Is hard to find
So, it is better to rewind your life
And rewind yourself
That inspiration is all we need
Which everything in the surrounding can feed
You with. So just take the lead
And the only thing left will be to sow the seed
Of different lessons we get
From everything that is set
Out in the world in which I bet
Everybody is somebody's pet

There is no master no slave
Even if you check a cave
A mouse could be the one to have
Or the destroyer could be a harmless wave.

It is easy to be a hypocrite
And pretending to be with somebody and fit
In their inner circle and set
Like a true friend because of your selfish
motives behind it
But the most difficult thing is to be unique
Because it is just like a bird's beak
Which is very useful and incapable to leak
But the difference between both
the people is very sleek
Which makes it difficult to know
Who is a friend and who is a foe
But a hypocrite will always bow
If you are right or wrong, high or low
All they will do is follow
You until they are done with the show
I know the truth is hard to swallow
Making our hearts hollow
These people are very shallow

And make your life like a willow
Making you take your pillow
And cry out your sorrow
But a true friend
Will always be there to lend
His happiness and mark your sorrow's end
And he will also straighten you somewhere you
bend
Such friends are like stars
Giving you ride in their cars
Of joy and cheerfulness and healing your scars
And they will make you who you really are.

Life of a Teenager

Although, every aspect of our life is equally important but the teenage time has totally different vibes. Here everyone treats you differently. During this time, you have many issues that may be related to anger, aggression, loneliness, career and family.

During this time, we have totally different things to realize and feel. Everyone would treat us as a small child but in return they want us to behave like very responsible ones. You may often listen this phrase like – Don't be a kid, Do some work or Do not do it, It's for adults, You should think twice or thrice before doing anything.

By the way, this is the actual base or the pillar of our life. During this time, you can easily develop any good or bad habit but at the end of the day choice is always yours. During this age you believe that the friends you make are really trustworthy, your parents may warn you, but no, you have a habit to do it yourself at your own but at the end you get to know that they are right. This is because they have experience. Everyone will always try to use you that maybe for sake of money or any other selfish aims.

Now, I would like to talk about the most important issue of teenager's life. It is loneliness which leads to depression. This word called depression seems very small but means much for the person handling it. This may be due to anything the list starts but does not end anywhere. It is largely due to the stress of academics. They may not have a lot of stress but the pressure given by parents and teachers break them. They then stop listening to their parents and get involved into wrong habits like they start taking drugs or drinking alcohol etc. They start having a thought of suicide and at the end they can not bear this thought anymore and end up their precious lives. Teenagers usually do not know that they are worthy. They have future responsibilities. They should also think about How to set their career. They should look for their interests and career options. They can also contact counselors which help a lot in setting their emotional and personal dealing issues.



Saanve Kansal (IX B (Batch 3))

PRAY FOR AFGHANISTAN

The year is two thousand twenty-one;
And here we see Taliban attack on Afghanistan.
A widespread terror in every heart,
How to escape? They won't spare anyone.

The world taught that violence shall never win.
Don't we have the right to live?
We need peace and that's it!
No one should be here where we have been.

Their heart surely knew they were wrong.
What's the thing we need to pay the price for?
Then when you'll come to kill us all,
More than your weapons shall our faith be strong.

Taliban will have to surrender:
Nobody here is safe.
Enough of having tolerated!
They'll be bound to suffer the blunder.

We really want to live,
And wish to go to a secure place.
We can't express how tough it is
As we have no land to live.

Ananya
(10th B)

Are All Equal?

Our constitution says that all are equal. There is no discrimination on the basis of race, religion, caste, colour etc. But it is only written in constitution, not followed in reality. Since the initial years of schooling, we have been learning that if two numbers are same then only the equals to (=) sign will be used, if two numbers are different then we will not use equals to sign. But when we talk about equality among human beings it is not same for all. Our constitution says all are equal whether women or men but it is not happening. For example, Ramu & Priya are husband and wife. They both go to factory for labour, both do same work for same number of hours and are paid daily. But Ramu is paid Rs. 500 per day and Priya is paid Rs. 400 per day. Here right to equality is exploited. She even can't file a case because neither does she have time nor money. For her livelihood and other needs, she has to work in a factory for Rs. 400. There are many such cases. They can't do anything. Our Indian constitution has abolished untouchability but now also it is being practised. People of SC, OBC, BC, ST, etc. communities are not given respect as they should be given. There are many villages in India in which girls are not allowed to go to school. Many girl children are killed before birth. Now also in 21st Century girls and boys are differentiated. Girls are not given opportunities which they should be given. There are many girls those who are confined in their homes and are suppressed. Their dreams are also suppressed. I request everyone to stop discriminating people on the basis of sex, religion, caste, race etc. When God has created us, he just created us as human beings. For God all are equal. So, it is our responsibility that we should regard everyone as equal irrespective of caste, religion, sex, race etc.

Tania Gill (IX-B)

My Aim in Life

An aimless person is just like a ship without any direction. You cannot move forward without having an aim or goal in life. Everyone has an aim. Every person has a set of goals in life that he/she wants to achieve. However, not only having an aim in life makes us successful but it also needs hard work.

Our purpose or goal is an aim. Aim is the only thing which makes our life meaningful. Aim directs a person and motivates him/her to achieve it. Every individual must set well-defined objectives to achieve in life. It helps to understand the career path and motivates to move forward. A goal in life gives a person enough joy and happiness and helps to be a leading example for others to lead life in the best possible way.

Choosing an aim and achieving it should be a priority of our lives.

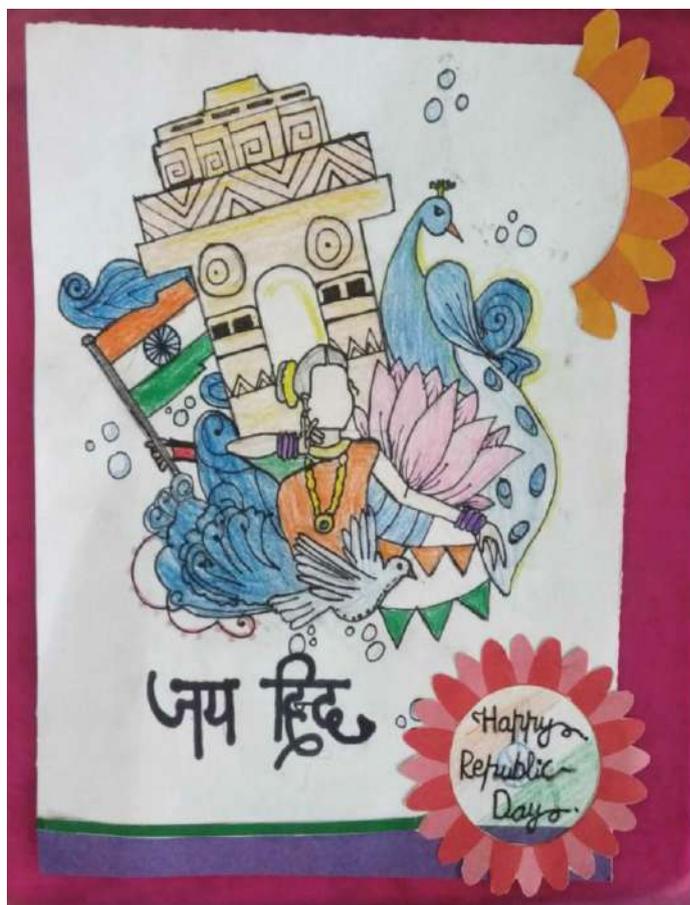
How to choose the right aim for you? This is the first concern of our life which we have to face. Generally a person chooses his/her ambition or goals by getting inspired by other people around. Parents and teachers play a crucial role in this. Choosing the right goal as per your aptitude will help you to channelize your energy and skills in the right way. But one small mistake or choosing the wrong goal can totally shatter your life. Your aim basically determines your career, so it's very difficult to select one in young age.

How to achieve that? The first and the foremost task is you have to be very careful while making the decision. An aim leads towards the right path. But the hard work which we do on the path to achieve the aim, acts as light on the path. Here are some suggestions of some experienced persons: Always be proactive. Maintain a healthy and balanced life. Stay away from negativity. Change your mind set and have a mind set of winners. Always be at the front to gain more knowledge. Stay focused and keep tracking your progress. Discipline, hard work and focus are three main keys for achieving aim. It is very important to note that our every work should be in coordination.

In light of this information, setting an aim and acting to achieve is very important to be successful. In the course of life, if anything seems to be Impossible we should not step back as the word Impossible spells I-M-POSSIBLE. At the last but not the least, keep toiling in the life at every moment. Jaiveer Partap Singh (IX B)

Education - My freedom

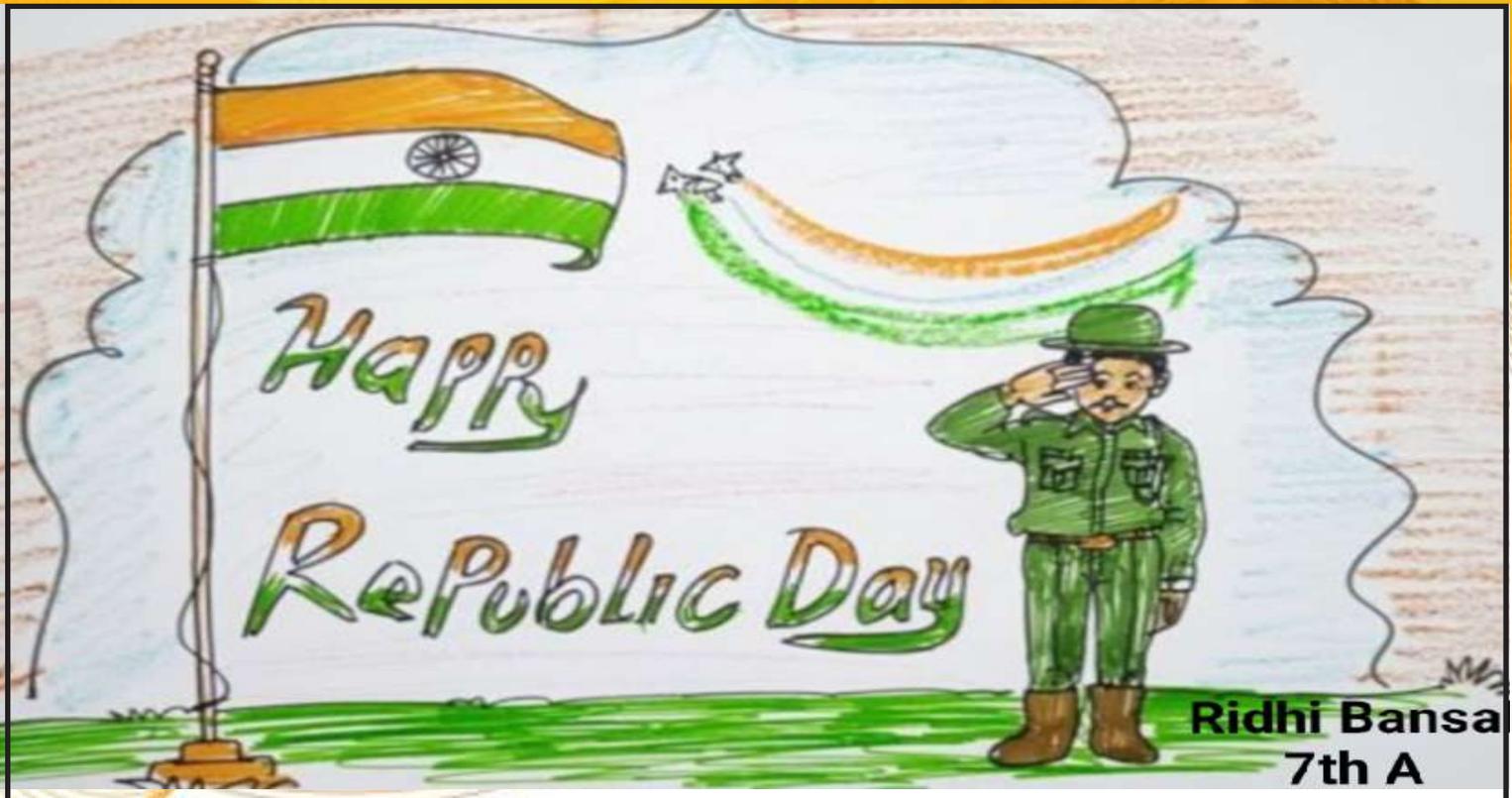
In school sometimes I read
To steer clear of caste and creed
I go there to learn
Education is what I try to earn
I happily take all the pain
For the fruit of learning is what I'll gain
Even if it takes a million tries
With knowledge I'll surely rise
From maths to science
When I put in effort I sense triumphs
And with wisdom I can tackle every problem
in life
It helps one fly and
Soar high through the sky
Day by day I see my doubts fleeing
As I turn into an enlightened being
Sometimes I feel school is my saviour
For Education is all about refinement of
behaviour
So I'll strive
To bring education into every life
So one can break through the cage
The only way we can bring about a real
change



Nature's Thanks

1. Beautiful things surrounded all around
I've treasures in all sounds.
OH MY PEOPLE ! Thank you
Thanks for what you did for me
I gained my beauty back.
 2. My fish are now safe
Water crystal clear
Jumping out frequently
Thanks my friends for a better way
 3. Look ! My mountains shining
Snow sparkling as a Diamond
You see my hills from distant vision
Oh ! I'm happy
My ozone , My protection -recovering
fast , I'm thankful for this change.
 4. You see my birds sing happily
Enjoying the freedom
off the cage They breathe in fresh air
No pollution.....So clean is the air
My clouds are now not black
But are white candies in carry bag
I'm thankful for this change.
- All my creatures now on seventh sky
Life is comfortable, all in ease...
Hope this change continues long
Be safe and let me be safe..
Sing happy songs.....

GAGANDEEPSINGH
XII-HUMANITIES



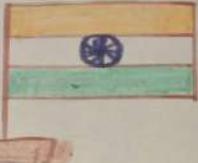
Ridhi Bansal
7th A

better at night.
Let's support and defend our
Soldiers,
Whose hardships are brutal
and cruel,
Whose discipline we can't
Imagine,
Who follow each order and
rule.

Here's to those who choose to
be warriors,
And their helpers good and
true;
They are fighting for values,
They are fighting for me
and you.

Names: Harshwan Bansal
Class: 7th
Batch: 501-1
Admin. No: 8612021
Roll No: 9

REPUBLIC
DAY
26th JANUARY



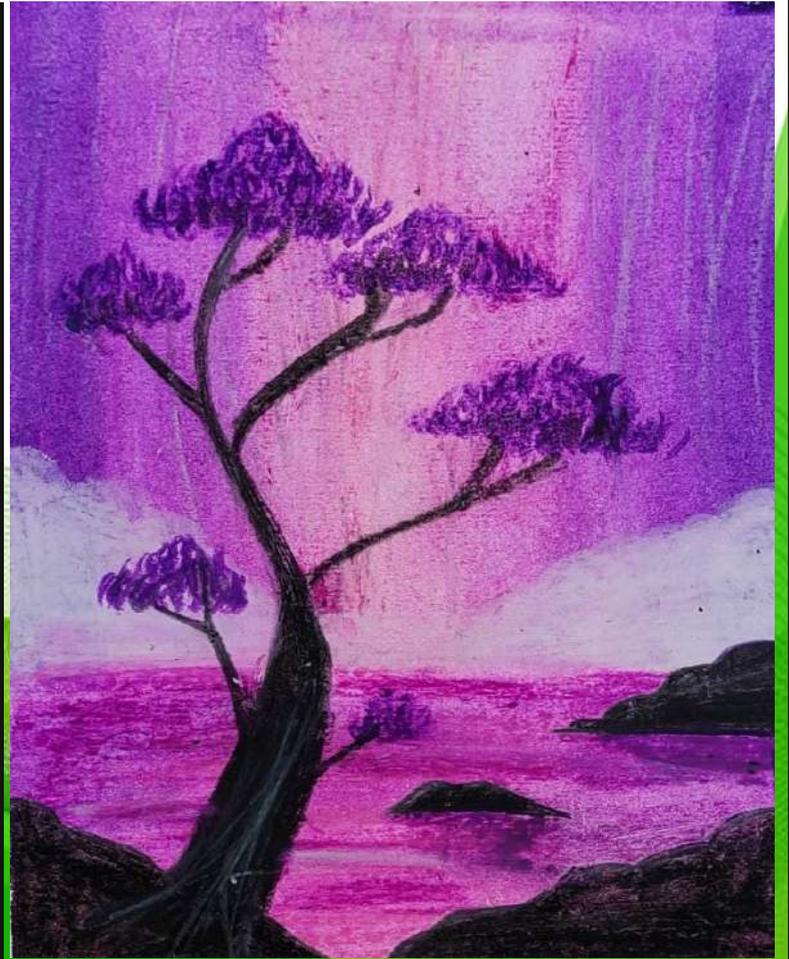
Let's honor our military,
The men and women who serve,
Whose dedication to our country,
Does Not falter, halt or swerve
Let's respect them for their
Courage,
They are really to do
what's right,
to keep world safe,
So we can sleep



NAME - PARNEET KAUR CLASS - 6-J ROLL NO - 20 BATCH - 6th-1 ADMIN. NO - 8542021



Manya 7A

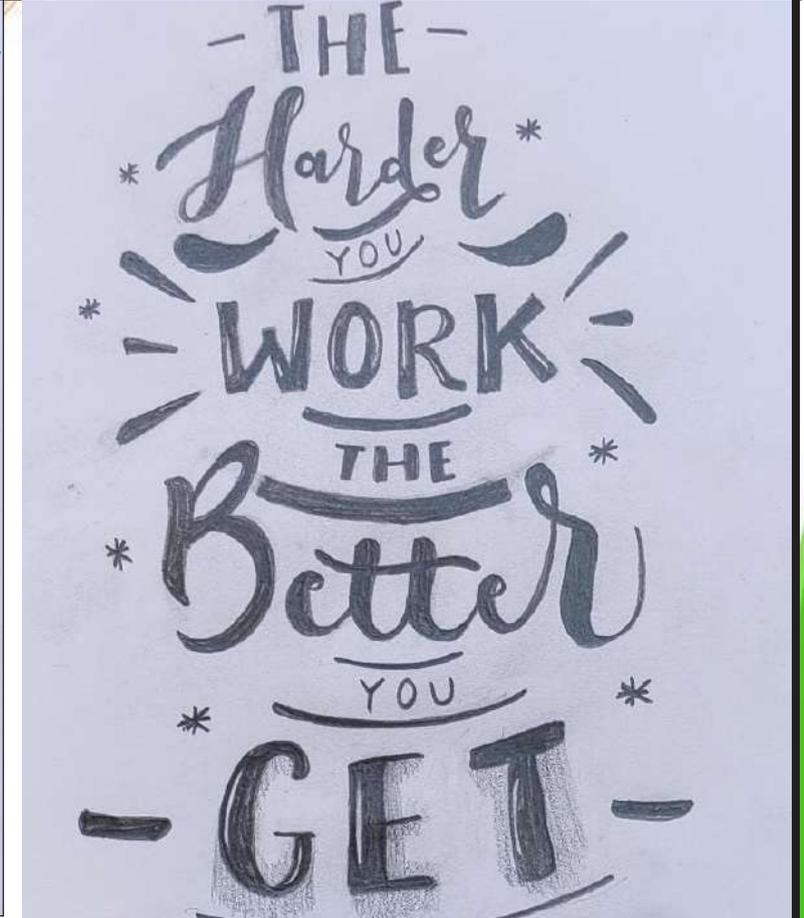




Yuvraj Sharma
6(A)

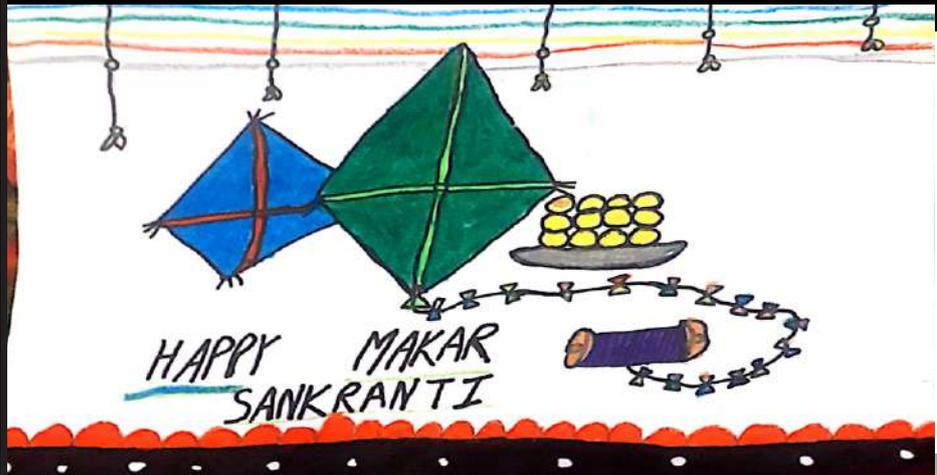


Ramneet Kaur
VIII-A





Name- Birti
Class-7F



HAPPY MAKAR SANKRANTI

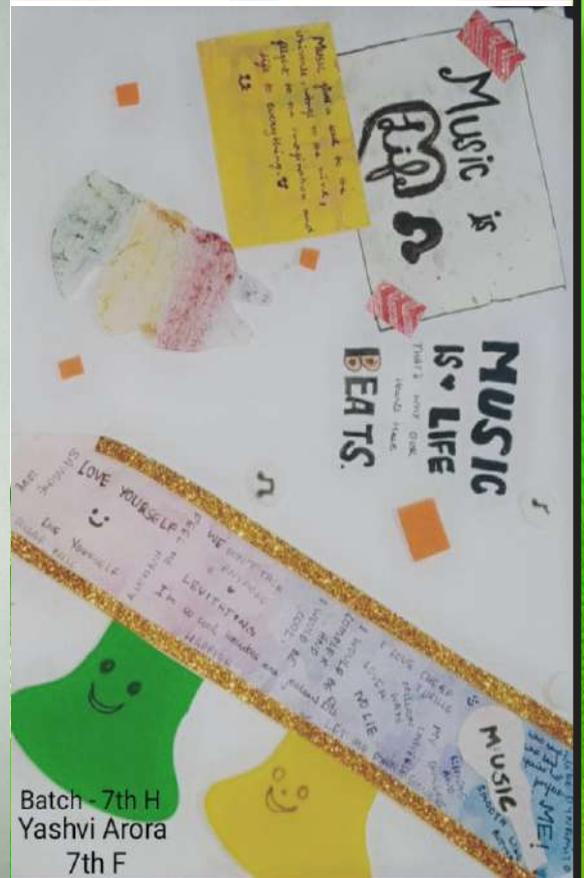
Yashvi Arora
7th F
Batch - 7th H

FOOD
IS NOT JUST
A CALORIE, IT'S AN
INFORMATION
IT TALKS TO YOUR
DNA AND TELLS IT
What to do



BELIVE
IN
YOURSELF

Riya Nagar 7th



Batch - 7th H
Yashvi Arora
7th F



ਪੰਜਾਬੀ ਵਿਭਾਗ

ਪਾਣੀ

ਪਾਣੀ ਦੇ ਵਿੱਚ ਸ਼ਿਸ਼ਟੀ ਰਚੀ,
 ਕੁਦਰਤ ਦੇ ਵਿੱਚ ਪਾਣੀ ।
 ਇਸ ਪਾਣੀ ਨੇ ਸਭ ਕੁਝ ਦਿੱਤਾ,
 ਕਰਜ਼ਦਾਰ ਹੈ, ਪਾਣੀ ।
 ਪਵਨ ਗੁਰੂ ਪਾਣੀ ਪਿਤਾ,
 ਲਿਖਿਆ ਵਿੱਚ ਗੁਰਬਾਣੀ ।
 ਖਿਆਲ ਕਰੋ ਇਸ ਸੋਹਣੇ ਜਲ ਦਾ,
 ਨਹੀਂ ਜੀ ਸਕਦੇ ਬਿਨ ਪਾਣੀ ।

ਦਿਵਜੋਤ ਸਿੰਘ
 7 D



ਬਾਪ-ਇੱਕ ਫਰਿਸ਼ਤਾ

ਅੱਜ ਲੱਗਾ ਹਾਂ ਲਿੱਖਣ ਕੁਝ ਪਹਿਲੀ ਵਾਰੀ,
 ਸ਼ਾਇਦ ਦੱਸ ਸਕਣ ਇਹ ਸ਼ਬਦ ਅਸਲ ਕਹਾਣੀ ।
 ਜੇ ਆਪਣੇ ਬੱਚਿਆਂ ਦੇ ਸਿਰਾਂ ਦਾ ਤਾਜ ਹੈ,
 ਅਸਲ ਵਿੱਚ ਉਹ ਹੈ ਬਾਪ ।

ਅੱਜ ਵੇਖਿਆ ਇੱਕ ਨਜ਼ਾਰਾਂ ਬਹੁਤ ਖੁਬ,
 ਇੱਕ ਬੱਚਾ ਰਿਹਾ ਖੇਡ ਅਪਣੇ ਬਾਪ ਨਾਲ
 ਹਰਾ ਹੋਇਆ ਇੱਕ ਦੁੱਖ ਉਸਦੇ ਨਾਲ
 ਵੇਖਿਆ ਉਸ ਦੇ ਵਿੱਚ ਖੁਦ ਨੂੰ, ਅਤੇ ਅਪਣੇ ਬਾਪ ਦਾ ਰੂਪ ।

ਕੀਤਾ ਮੈਂ ਸਵਾਲ – “ਮੈਂ ਹੀ ਕਿਉਂ ਰੱਬਾ ਬਿਨਾਂ ਤਾਜ ਤੋਂ । “
 ਮਿਲੀਆ ਮੈਂਨੂੰ ਉੱਤਰ ਬਹੁਤ ਨਿਆਰਾ,
 ਨਾ ਹੀ ਤੂੰ ਬਹੁਤ ਦੂਰ ਹੈ, ਨਾ ਹੀ ਕੋਈ ਮੈਂਨੂੰ ਬਹੁਤਾਮ ਪਿਆਰਾ ।
 ਦਿਲ ਤਾਂ ਨਹੀਂ ਕਰਦਾ ਕਿਸੇ ਦਾ,
 ਪਰ ਹੋ ਜਾਂਦਾ ਦੂਰ ਸਭ ਦਾ ਪਿਆਰਾ ।

ਹੁੰਦਾ ਹੈ ਬਹੁਤ ਅਨੋਖਾ ਪਿਓ- ਪੁੱਤ ਦਾ ਰਿਸ਼ਤਾ,
 ਸਭ ਲੱਭਦੇ ਆਸੇ-ਪਾਸੇ ਨੇ, ਇਹੋ ਹੁੰਦਾ ਅਸਲ ਫਰਿਸ਼ਤਾ ।
 ਲੱਗਾ ਸੀ ਲਿੱਖਣ ਕਈ ਵਾਰੀ,
 ਪੈਂਦੀ ਰਹੀ ਥੋੜ ਸ਼ਬਦਾਂ ਦੀ ਹਰ ਵਾਰੀ ।.....

ਭਾਵੇਂ ਜੱਗ ਲੱਖ ਭੁੱਲ ਜਾਵੇ,
 ਪਰ ਤੂੰ ਨਾ ਕਦੇ ਭੁਲਾਵੀ ਮਾਂ ।
 ਮੈਂ ਜਿਸਮ ਤੂੰ ਆਤਮਾ ਮੇਰੀ,
 ਮੇਰਾ ਸਾਥ ਨਿਭਾਵੀ ਮਾਂ ।
 ਕੱਲ ਦੁਨੀਆਂ ਤੋਂ ਚੰਗਾ ਲੱਗੇ,
 ਪਿਆਰ ਤੇਰਾ ਅਨਮੇਲ ਏ ਮਾਂ ।
 ਤੂੰ ਚੰਦਨ ਦੇ ਬੂਟੇ ਵਰਗੀ,
 ਲੱਖਾਂ ਦੁੱਖ ਜਰੋ ਜਾਵੇ ਮਾਂ ।
 ਨਿੱਕੀਆਂ- ਨਿੱਕੀਆਂ ਗਲਤੀਆਂ ਨੂੰ ਤੂੰ
 ਹੱਸ ਕੇ ਮਾਫ਼ ਕਰ ਜਾਵੇ ਮਾਂ ।
 ਭਾਵੇਂ ਜੱਗ ਤੋਂ ਬਹੁਤ ਛੁਪਾਵਾਂ,
 ਤੂੰ ਤਾਂ ਦਿਲ ਦੀ ਜਾਣੋ ਮਾਂ ।
 ਭਾਵੇਂ ਜੱਗ ਲੱਖ ਭੁੱਲ ਜਾਵੇ ਮੈਂਨੂੰ,
 ਪਰ ਤੂੰ ਨਾ ਕਦੇ ਭੁਲਾਵੀ ਮਾਂ ।

ਜਸਮਨਜੋਤ ਸਿੰਘ ਸਰਾਂ
 7 C

ਹਰਜੀਵਨ ਸਿੰਘ
 10 B

ਚੜਦੇ ਸੂਰਜ ਨੂੰ ਸਲਾਮ ਕਰਦੇ ਸਾਰੇ,
ਪਰ ਛੁਪਦੇ ਨੂੰ ਕਰਦਾ ਕੋਈ- ਕੋਈ।

ਪੱਥਰਾਂ ਦੀ ਪੂਜਾ ਕਰਦੇ ਹਨ ਸਾਰੇ,
ਪਰ ਇਨਸਾਨ ਦੀ ਕਰਦਾ ਕੋਈ-ਕੋਈ।

ਅਮੀਰ ਨੂੰ ਰੋਟੀ ਪੁੱਛਦੇ ਨੇ ਸਾਰੇ,
ਪਰ ਗਰੀਬ ਨੂੰ ਖਵਾਉਂਦਾ ਕੋਈ - ਕੋਈ।

ਸੁੱਖ ਵੇਲੇ ਕੋਲ ਹੁੰਦੀ ਹੈ ਸਾਰੀ ਦੁਨੀਆ,
ਪਰ ਦੁੱਖ ਵੱਚਿ ਨਭਿਉਂਦਾ ਕੋਈ - ਕੋਈ।

ਬਲ ਵਾਲੇ ਦੇ ਨਾਲ ਕਦਮ ਮਲਿਉਂਦਾ ਹੈ ਦੁਨੀਆ,
ਪਰ ਡੱਗਦੇ ਨੂੰ ਉਠਾਉਂਦਾ ਹੈ ਕੋਈ - ਕੋਈ।

ਅਮਨਦੀਪ ਸਾਿਘ (6-1)

ਫ਼ਰਕ

ਨਸ਼ਾ

ਸੁਣੋ, ਸੁਣੋ, ਸੁਣੋ,
ਅਪਣੇ ਸੋਹਣੇ ਪੰਜਾਬ ਦੀ ਗੱਲ ਸੁਣਵਾਂ,
ਨਸ਼ਿਆ 'ਚ ਡੁੱਬੇ ਪੰਜਾਬ ਨੂੰ, ਮੈਂ ਕਵਿੰ ਬਾਚਵਾਂ।
ਘਰ - ਘਰ 'ਚ ਹੋ ਗਿਆ ਹੁਣ ਮੰਦਾ ਹਾਲ,
ਨਸ਼ਿਆ ਨੇ ਪੱਟ ਲਏ ਮਾਵਾਂ ਦੇ ਲਾਲ,
ਬੱਚੇ ਹੋ ਗਏ ਨਸ਼ਿਆ ਦੇ ਆਦੀ,
ਸ਼ੂਰੂ ਹੋ ਗਈ ਉਹਨਾਂ ਦੀ ਬਰਬਾਦੀ।
ਹਰ ਰੋਜ਼ ਉਹ ਨਸ਼ਿਆ ਦਾ ਸੇਵਨ ਕਰਦੇ,
ਭਾਂਤ - ਭਾਂਤ ਦੀਆਂ ਬੀਮਾਰੀਆਂ ਨਲ ਰਹਿੰਦੇ ਲੜਦੇ,
ਘਰ ਬਾਹਰ ਸਭ ਭੁੱਲ ਕੇ ਉੱਧਰ ਲੱਗ ਜਾਂਦੇ,
ਪੈਸਾ ਸਾਰਾ ਪਾਣੀ ਵਾਂਗ ਵਹਾਉਂਦੇ।
ਸਭ ਕੁਝ ਵਕਿ ਜਾਂਦਾ,
ਪੱਲੇ ਕੁਝ ਨਾ ਰਹਿੰਦਾ।

ਜੈਸਕਿਾ ਅਗਰਵਾਲ (9-G)



हिंदी विभाग



अनमोल विचार

भारत के पूर्व राष्ट्रपति, भारत रत्न पाने वाले और मिसाइल मैन के रूप में अपनी पहचान बनाने वाले डॉ. ए.पी.जे. अब्दुल कलाम में बहुत सारी खूबियाँ थीं। वह सभी के लिए प्रेरणा स्रोत हैं। उन के कुछ अनमोल विचार मैं नीचे दे रहा हूँ, जो हमें सफलता के लिए प्रेरित करेंगे।

- आप अपना भविष्य नहीं बदल सकते पर आप अपनी आदतें बदल सकते हैं और निश्चित रूप से आपकी आदतें आप का भविष्य बदल सकती हैं।
- जीवन में कठिनाइयों हमें बर्बाद करने के लिए नहीं आती पर वह हमारी छुपी हुई शक्तियों को उजागर करने में हमारी मदद करती हैं। कठिनाइयों को यह जान लेने दो कि आप उनसे भी कठिन हो।
- एक अच्छी पुस्तक हजार दोस्तों के बराबर है जब कि एक अच्छा दोस्त एक पुस्तकालय के बराबर है।
- इससे पहले सपने सच हों, आप को सपने देखने होंगे।
- शिखर तक पहुँचने में ताकत लगती है चाहे वह माउंट एवरेस्ट का हो या कोई और लक्ष्य।
- हम सभी के पास समान प्रतिभा नहीं होती है पर सभी के पास उसे विकसित करने के सम्मान अवसर होते हैं।
- सपना वह चीज नहीं है जो हमें नींद में दिखे, यह वह चीज है जो हमें सोने ही न दे।
- अगर आप सूर्य की तरह चमकना चाहते हो तो पहले सूर्य की तरह जलना होगा।
- अपने मिशन में सफल होने की लिए आपको अपने लक्ष्य के प्रति एकाग्रचित होना होगा।
- सफलता वह शिखर है जहाँ आपके दस्तखत "ऑटोग्राफ" में बदल जाएँ। डॉ० कलाम से हमें लगातार, एकनिष्ठ होकर अपने लक्ष्य को प्राप्त करने के लिए प्रेरणा मिलती है। आइए, उनकी शिक्षाओं का पालन कर अपने कैरियर की बुलंदियों को छुएँ।

Abhay Singh Parmar (VI-F)

माँ

तू जानती है मेरी हर ज़िद,
तू जानती है मेरी हर ज़रूरत
माँ, तुझसा ना कोई और,
तू है ममता की मूरत।

घर में कोई चिंता नहीं करता तेरी,
मैं वहाँ थी तो नहीं
पर बाबू ने पक्का कहा होगा,
मेरा मान है बेटी मेरी।

तू बहुत सीधी-सादी है,
रंग जैसे बरफ से ढकी वादी है,
सबकी खुशियाँ और तंदरुस्ती तू चाहती है
फिर कल-परसो का बचा हुआ खाना क्यों खाती हैं?

सबका ख्याल तू रखती है,
घर का सारा काम तू करती है,
दादा-दादी की सेवा भी करती है,
फिर भी कभी नहीं थकती है।



नैतिक मूल्य

“नैतिकता का भाव नियमों की उस व्यवस्था से है जिसके द्वारा व्यक्ति का अंतःकरण अच्छे और बुरे का बोध प्राप्त करता है।”

नैतिकता मूल्य सिद्धांतों का समूह होता है, जो कि हमें सही। गलत को समझाने में मदद करता है। नैतिक मूल्य व्यक्ति को चरित्र और व्यक्तित्व को आकार देने में मदद करता है।

मनुष्य को समाज में रहने के लिए कुछ गुणों का होना जरूरी हैं। जैसे दया, उदारता, ईमानदारी, आत्म नियंत्रण और सम्मान अच्छे मूल्य हैं। यह मूल्य किसी भी व्यक्ति में जन्म से नहीं होती बल्कि हर व्यक्ति को परिवार और स्कूल से प्राप्त होते हैं। जैसे-जैसे हम बड़े होते हैं समाज के अन्य लोगों से मिलते हैं वैसे ही हमारे अंदर अच्छे गुणों का विकास होता है। जो लोग अच्छे रास्तों पर चलते हैं वह न केवल अनुशासित जीवन जीते हैं, वह लोग ही समाज और देश का विकास कर सकते हैं।

आज के युग में लोग भले ही पढ़ाई पर जोर दे रहे हैं। अपने जीवन में बहुत आगे बढ़ गए हैं, लेकिन फिर भी नैतिक मूल्य को नहीं समझ पा रहे हैं। जिसके पास नैतिक मूल्य नहीं है वह कभी भी विकास नहीं कर सकता। **Kamaksha (V-I)**

नैतिक मूल्य हमारे जीवन का आधार हैं। यह मानवता को जीवित रखता है। इस के बिना मनुष्य का जीवन पशु के समान है।

“महान चरित्र का निर्माण महान और उज्ज्वल विचारों से होता है।”

परिश्रम का महत्व

“सिर्फ सपनों से कुछ नहीं होता

सफलता प्रयासों से हासिल होती है।”

“ईश्वर उनकी सहायता करते हैं

जो अपनी सहायता खुद करते हैं”

“ईश्वर उन लोगों की मदद करता है जो अपनी मदद खुद करते हैं” एक पुरानी कहावत है जिसका अर्थ है कि ईश्वर कभी हमारी मदद नहीं करता जब हम केवल उससे उम्मीदें रखते हैं और सभी काम छोड़ देते हैं। परमेश्वर उन लोगों कभी मदद नहीं करता जो केवल आनंद लेना चाहते हैं या कड़ी मेहनत या काम के बड़े बोझ से दूर रहना चाहते हैं। वह हमेशा उन लोगों की मदद करते हैं जो सही दिशा में दिल से समर्पित होकर मेहनत करते हैं।

जो लोग कड़ी मेहनत और भारी काम के बोझ से कभी नहीं डरते, हमेशा भगवान से आशीर्वाद लेते हैं और अच्छे परिणामों के साथ समाप्त होते हैं। भगवान हमेशा उन लोगों को आशीर्वाद देते हैं जो पूजा के रूप में अपने कर्तव्य का पालन करते हैं।

एक व्यक्ति हमेशा अपने काम से जाना जाता है इसलिए काम पूजा है। यह केवल काम है जो हमें शीर्ष पर ले जा सकता है और हमें प्रसिद्ध बना सकता है। इसलिए, यदि आप जीवन में सफल होना चाहते हो, तो सही दिशा में मेहनत करो, आपको प्रसिद्धि मिलेगी और साथ ईश्वर को आशीर्वाद भी मिलेगा।

Jannat Kalra (VIII-B)

मोबाइल



हर कान पर चिपका रहता,
लॉगो की जुबान कहता,
सब यूज करे मेरा स्टाइल,
मेरा नाम है मोबाइल।
मैं हूँ संचार की पहचान,
मुझे यूज करता हर इंसान,
मेरा जन्मदाता है विज्ञान,

मैं कानों का हूँ मेहमान।
मैमीरी मेरी सबसे तेज,
बढ़ रहा है अब मेरा क्रेज,
दो सेकेंड में भेजता मैसेज,
कभी-कभी होता एंगोज

रिलायंस, टाटा मेरे रिश्तेदार,
जो करते हैं मेरा व्यापार,
सब करते हैं मुझसे प्यार,
मेरे बिना जीवन बेकार।
लोगों की इज्जत बढ़ाता

होटों पर मुसकान लाता,
दिल से दिल को मिलाता
बूढ़े, बच्चे सबको भाता।
मैं बन गया हूँ एक फैशन,

बारहों महीने का मेरा सैशन,
रखता हूँ हर प्रोफाइल,
“मेरा नाम है मोबाइल”।

Kartik Gautam (VI-I)